

APPRECIATION WORDS

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|-----------------|-------------------|-------------------|-----------------|
| 1. Loving | 18. Energetic | 35. Sweet | 52. Truthful |
| 2. Thoughtful | 19. Imaginative | 36. Brave | 53. Pretty |
| 3. Strong | 20. Supportive | 37. Loyal | 54. Decisive |
| 4. Creative | 21. Organized | 38. Sexy | 55. Considerate |
| 5. Interesting | 22. Coordinated | 39. Fun | 56. Athletic |
| 6. Affectionate | 23. Playful | 40. Amusing | 57. Elegant |
| 7. Cheery | 24. Thrifty | 41. Resourceful | 58. My friend |
| 8. Exciting | 25. Committed | 42. Smart | 59. Shy |
| 9. Active | 26. Careful | 43. Graceful | 60. Expressive |
| 10. Nurturing | 27. Reliable | 44. Caring | 61. Adventurous |
| 11. Relaxed | 28. Warm | 45. Full of ideas | 62. Dependable |
| 12. Receptive | 29. Practical | 46. Silly | 63. Kind |
| 13. Calm | 30. Beautiful | 47. Complex | 64. Witty |
| 14. Assertive | 31. Lively | 48. Reserved | 65. Tender |
| 15. Powerful | 32. Proactive | 49. Responsible | 66. Cautious |
| 16. Sensitive | 33. Flexible | 50. Handsome | 67. Bold |
| 17. Generous | 34. Understanding | 51. Intelligent | 68. Innovative |

Pick three words and give an example of a time your partner demonstrated this quality,
throughout the next week refer to this list as you give compliments